

Soup

See board for daily soup options
w crusty bread & butter 4.50

Cold Sandwiches

Choice of white, seeded or wholemeal
bloomer, served with salad & crisps. Gluten
free bread also available

Avocado, Tomato, Cucumber 5.50

Shaved Stilton & Beetroot 5.50

Cheddar, Apple with Fig Chutney 5.50

Brie & Apple with Fig Chutney 5.50

Ham with Wholegrain Mustard 5.25

Bagel w dill, cream cheese & avocado 5.95

Toasted Sandwiches / Paninis

Choice of white, wholemeal bloomer or
panini, served with salad & crisps.

Cheddar, Ham & Tomato 5.80/6.25

Brie, Grape Avocado
& soft cheese 6.25/6.70

Sun-dried tomato pesto
with mozzarella 5.80/6.25

Ham, Pear & Mozzarella 5.95/6.40

Brie, rocket & sweet chilli jam 5.95/6.40

Goat's Cheese &
red onion and port marmalade 6.25/6.70

Brie & Cranberry
add bacon 5.60/6.05
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Our food is freshly prepared, please bear
with us at busy times.

Food may have traces of nuts, gluten and dairy.

Side Orders

Chunky halloumi fries,
served with a sweet chilli dip 4.75

Sweet potato fries,
with a mustard mayo dip 3.75

Side salad 3.50

Skinny Fries 2.95

Beer battered onion rings 2.50

Salads & Platters

Avocado Caprese Salad 6.50
mozzarella pearls, vine tomatoes, sliced
avocado, with a honey & mustard dressing

Apple & Beetroot Salad 6.50
served with, blue cheese & walnuts with a
balsamic dressing

Halloumi , Orange & Beetroot Salad 6.95
a light refreshing salad with mint, walnuts &
balsamic cream drizzle

Ploughman's Lunch 9
stilton, cheddar, ham, salad, apple, chutney
& pickle served with crusty bread

For Children 4

Ham or cheese finger sandwiches, chopped
apple & diluting juice

Babychino 0.75

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Take-Away Scones & Cakes

You can pre-order any of our cakes or scones to take away, just give us 24 hours notice.
Ask us for more details

Cakes & Scones

Scone flavours vary daily but are always freshly baked.

Scones w butter	2.30
w butter & jam	2.55
w jam & clotted cream	3.00
Cakes from	2.50

Wine List

The cafe is fully licensed a separate wine list is available on your table.

Join us for a

Afternoon Tea

£17.50pp Gift Vouchers also available.

Finger Sandwiches

English Cucumber
Egg Mayonnaise
Ham & wholegrain mustard
Mature Cheddar with Carrot & Ginger Relish

Scones

Fruit scones and cherry & almond scones
with conserve & clotted cream

Sweets

A selection of cakes & pastries

**24 hours notice required, to book: 01677
425541 cafe@thisisinstitution.co.uk or
enquire at Institution.**

Private Events

Our cafe is available for private or corporate events. Please ask any of our team for further details.

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